



CSA

Ditmas Park

Ordering Info

How to Join:

Fill out and mail Membership Agreement on the back of this page.

Deadline to Join:

March 31, 2011

When

Pickup:

4:30 to 8:00 pm at

E. 18th and Dorchester

(Flatbush-Tompkins Congregational Church)

Full Share - Tuesdays

Half Share - Wednesdays

20 Weeks

from June to October

(Exact dates TBD)

Contents

Full Share feeds a family of 4-5 for one week; Half Share feeds a family of 2-3 for one week.

Vegetable assortment varies weekly. Examples include lettuce, cucumbers, zucchini, onion, garlic, tomatoes, squash, and fresh herbs.

For additional fee, add-ons include eggs, fruit, and jarred goods.

Why Buy CSA?

Community Supported Agriculture involves people buying shares of seasonal produce directly from a local farmer. Buying local reduces the fossil fuel and other resources needed to bring food to our tables. There are many advantages for both farmers and members.

Farmers get to spend time marketing their produce early in the year, before their 16-hour days in the field begin. They also receive payment early in the season, which helps with the farm's cash flow, and they have an opportunity to get to know the people who eat the food they grow.

Members are exposed to new vegetables and eat ultra-fresh food, with all the flavor and vitamin benefits. They learn more about local crops, produce growing seasons, and how food is grown. They also develop a relationship with the farmer who grows their food.

About the Farm

Amantai Farm is run by Jorge Carmona and his family on 20 acres of land in eastern Pennsylvania. He grows a diverse vegetable crop, raises bees, and has laying hens. He does not spray any type of pesticide on his crops. Jorge has been selling at the Cortelyou Road Greenmarket and other NYC Greenmarkets for over 5 years.

Still have questions?

E-mail ditmasparkcsa@gmail.com or go to www.ditmasparkcsa.org